

Support for Trans, Non-binary, and Gender Nonconforming Students at OPRFHS

OPRFHS supports trans, non-binary, and gender nonconforming students and strives to create a safe, affirming, and healthy school environment for all students.

Gender Support Plan

You can develop a Gender Support Plan to determine the ways your gender identity will be supported at school. Talk with your counselor or social worker to develop or revise your Gender Support Plan. (*Note that a Gender Support Plan is not required in order to receive support at school.*)

Name & Pronouns

You have the right to be addressed by the name and pronouns that correspond to your gender identity.

- **Classes:** You can inform your teachers and other school staff of the name and pronouns to use in school and in communication with your home. Talk with your teachers and other school staff directly, or talk with your counselor or social worker for assistance communicating this information.
- **ID Cards & Yearbook:** You can change your name on your student ID card, in the school yearbook, and on school awards. Talk with your counselor or social worker to make these changes. (Note that requests for yearbook changes must be made by October 15th.)
- **Skyward & Google Classroom:** You can change your name and gender identity in Skyward and Google Classroom with your parent(s)/guardian(s) permission. You can choose from the following gender identity options in Skyward: Female (F), Male (M), Non-binary (X), Gender Fluid (G), Agender (A), and Not Listed (NL). Talk with your counselor or social worker to make these changes.

Restrooms

You can use restrooms that correspond to your gender identity. You can also use any of the 12 All Gender Restrooms. See the room numbers and locations for the All Gender Restrooms [here](#).

Locker Rooms

You can use locker rooms that correspond to your gender identity. You can also use an All Gender Locker Room. Talk to your counselor or social worker, PE teacher, or Ms. Elmiger (Division Secretary for PE) in room 2301 to request access to the All Gender Locker Room.

PE Classes

Freshman and sophomore PE classes are gender-specific. You can enroll in a PE class that corresponds to your gender identity and/or a PE class that makes you feel safest and most included. In some cases, it is also possible to enroll in an upperclassmen mixed-gender PE class. Junior and senior PE classes are mixed-gender classes, with the exception of Boys Team Sports. Talk to your counselor to make any changes.

- **Swimming:** Swimming units are taken during both freshman and sophomore years. You can swim with a PE class that corresponds to your gender identity and/or with a PE class that makes you feel safest and most included. In some cases, it is also possible for you to participate in a different PE unit in lieu of a swimming unit. Talk to your counselor or PE teacher to make any changes.

Support Group

Beyond the Binary is a weekly support group for trans, non-binary, and questioning students. It meets during the school day and is facilitated by an OPRFHS social worker, Ms. Bencola. Talk to your counselor, social worker, or Ms. Bencola in room 3151 or gbencola@oprfrhs.org to participate in *Beyond the Binary*. See the flyer [here](#).

For more information, contact:
Ginger Bencola
OPRFHS Prevention and Wellness Coordinator
gbencola@oprfrhs.org